

THE GREAT BODY SHOP

Come in and learn about your body!

Location of Disease and Illness Prevention (including HIV) and Growth & Development Lessons in THE GREAT BODY SHOP

THE GREAT BODY SHOP lessons and performance objectives are 100% aligned to the National Health Education Standards, and the National Sexuality Education Standards.

As a comprehensive health education program, THE GREAT BODY SHOP includes developmentally appropriate lessons in the areas of growth and development and disease and illness prevention (including HIV prevention). These lessons are designed to provide medically-accurate information while **promoting critical thinking skills** as the best way to make healthy decisions.

In addition to the core lessons, THE GREAT BODY SHOP provides a myriad of optional TARGETED EXTENSION ACTIVITIES, which can be selected to reinforce and extend growth & development concepts through cross-curricular instruction. Included in these lessons are objectives that target **gender roles, identity, expression and sexual orientation**.

To make it easier for you to review these lessons, we have identified where such material is to be found in THE GREAT BODY SHOP Teacher's Guide as follows:

MS1 Unit 2: BODY SYSTEMS

Lesson 1: TEN BODY SYSTEMS

Lesson 2: INTERRELATIONSHIPS BETWEEN BODY SYSTEMS

Lesson 3: PEAK PERFORMANCE

Targeted Extension Activities:

Activity 1: CLIP ART, BODY SYSTEM COMIC

Activity 2: BODY SYSTEM MUSICAL

Activity 3: GOAL SETTING FOR HEALTHY SYSTEMS

Activity 4: COMPARE AND CONTRAST BODY SYSTEMS

Activity 6: LEADING HEALTH INDICATORS AND BODY SYSTEMS

Activity 8: DISEASE FIND

Activity 9: PUZZLE PRACTICE

Activity 14: ABSTAINING FROM SEX, DRUGS, TOBACCO, AND ALCOHOL

Activity 15: HEALTH CAREERS FOR BODY SYSTEMS

GREAT THE BODY SHOP

Come in and learn about your body!

MS1 Unit 4: LIFE IS A CYCLE

Lesson 1: STAGES OF LIFE

Lesson 2: GENETICS AND HEREDITY

Lesson 3: FAMILIES, ROLES, AND RESPONSIBILITIES

Targeted Extension Activities:

Activity 2: GIRLS AND BOYS

Activity 3: BEING A TEEN PARENT

Activity 4: FETAL DEVELOPMENT

Activity 5: WHAT'S HAPPENING TO ME?

Activity 6: MORE PHYSICAL CHANGES OF ADOLESCENCE

Activity 7: ANATOMY

Activity 8: IT'S A MATTER OF HYGIENE

Activity 9: MENSTRUATION

Activity 10: TWINS

Activity 11: FERTILIZATION

Activity 12: THE FAMILY SYSTEM

Activity 13: EMOTIONAL CHANGES

Activity 14: RESPONSIBILITIES OF AN ADOLESCENT

Activity 15: PREGNANCY PREVENTION AND CONTRACEPTION

Activity 16: CHOOSING ABSTINENCE

Activity 17: GENDER ROLES, IDENTITY, EXPRESSION, AND SEXUAL ORIENTATION

Activity 18: CONDOM USE

Activity 19: REFUSAL SKILLS

Activity 21: PRENATAL RESPONSIBILITIES

MS1 Unit 5: SOCIAL AND EMOTIONAL HEALTH

Targeted Extension Activities:

Activity 14: WHY DO THEY DO IT?

Activity 15: APPLYING DECISION MAKING MODEL TO A SEXUAL HEALTH DECISION

THE GREAT BODY SHOP

Come in and learn about your body!

MS1 Unit 6: DISEASE AND ILLNESS PREVENTION

Lesson 1: COMMUNICABLE VS. NONCOMMUNICABLE DISEASE

Lesson 2: PREVENTION IS THE ANSWER

Lesson 3: GO TELL OTHERS

Targeted Extension Activities:

Activity 1: BUMPER STICKERS

Activity 2: COMMUNICABLE OR NONCOMMUNICABLE GAME

Activity 3: TALK TO YOUR PROVIDER

Activity 5: SEXUAL TRANSMITTED DISEASES

Activity 6: HIV TESTING

Activity 8: ALL ABOUT HIV

Activity 9: IMMUNIZATIONS

Activity 11: AIDS AND OTHER IMMUNE DISEASES

Activity 12: TEACHING OTHERS

Activity 13: ASSESS THE RISK

Activity 15: DISEASES IN HISTORY

Activity 17: HEALTH PROS

MS1 Unit 8: SUBSTANCE ABUSE PREVENTION

Targeted Extension Activities:

Activity 11: DRUGS, ALCOHOL, AND SEXUAL BEHAVIOR

MS2 Unit 2: BODY SYSTEMS

*Includes the Reproductive System

Lesson 1: FROM SYSTEMS TO CELLS

Lesson 2: HEREDITY AND ENVIRONMENT

Lesson 3: HEALTH HABITS AND BODY SYSTEMS

Targeted Extension Activities:

Activity 7: ORGANS TO SYSTEMS

Activity 8: PROBABILITY LAB

Activity 10: RESEARCH SYSTEM FAILURE

Activity 13: ABSTAINING FROM SEX, DRUGS, TOBACCO, AND ALCOHOL

Activity 14: HEALTH CAREERS FOR BODY SYSTEMS

GREAT THE BODY SHOP

Come in and learn about your body!

MS2 Unit 4: THE CYCLE OF LIFE

Lesson 1: CHANGING BODIES, MINDS, AND RELATIONSHIPS

Lesson 2: REPRODUCTION, FERTILIZATION, AND BIRTH

Lesson 3: HEALTHY CHOICES, STRONG SKILLS, AND POSITIVE RELATIONSHIPS

Targeted Extension Activities:

Activity 1: FETAL DEVELOPMENT

Activity 3: GOALS

Activity 5: INTIMACY

Activity 6: BABY, BABY

Activity 8: PREGNANCY PREVENTION AND CONTRACEPTION

Activity 9: STAGES OF DEVELOPMENT

Activity 11: CAN IT BE CHANGED?

Activity 12: PREDICT THE CONSEQUENCES

Activity 13: RESPONSIBILITIES OF AN ADOLESCENT

Activity 15: CHOICES FOR A LIFETIME

Activity 16: SHOWING RESPECT FOR OTHERS' SEXUAL ORIENTATION AND IDENTITY

Activity 17: NO MEANS NO!

Activity 18: CONSEQUENCES FOR A LIFETIME

MS2 Unit 5: SOCIAL AND EMOTIONAL HEALTH

Targeted Extension Activities:

Activity 13: THE CHANGES OF ADOLESCENCE

Activity 25: APPLYING A DECISION MAKING MODEL TO A SEXUAL HEALTH DECISION

GREAT THE BODY SHOP

Come in and learn about your body!

MS2 Unit 6: DISEASE AND ILLNESS PREVENTION

Lesson 1: PREVENTION

Lesson 2: MANAGING DISEASES AND DISORDERS

Lesson 3: HIV AND OTHER STD'S

Targeted Extension Activities:

Activity 2: PREDICT THE FUTURE

Activity 9: HIV/AIDS

Activity 10: BLOOD IN THE NEEDLE

Activity 11: HIV QUIZ

Activity 12: HIV TESTING

Activity 15: SUPPORTING FAMILY AND FRIENDS

Activity 16: COMMON SENSE AND ABSTINENCE

Activity 17: CONDOM USE

Activity 18: CHOOSING ABSTINENCE

Activity 19: MOM, DAD—LET'S TALK